



INTERNATIONAL FORUM OSLO

NEWSLETTER

June 2023
Issue No. 486



Midsummer in Harstad

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If you wish to become a member of International Forum, please contact us by email.



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DEADLINE FOR SUBMITTING ARTICLES

For the **August Newsletter** is **July 14**. Please send your contribution to Elizabeth S. Rasmussen, by email and to int.forum@online.no. The Editor and the Editorial Team reserve the right to edit *all* material.



From the President

Few can understand Albert Einstein's physics. But everyone can understand his insights on life, love or nature. Less known is one of his most admirable qualities – flexibility. Einstein was sceptical of quantum mechanics because it contradicted his own beliefs about physics. But when five quantum physicists won the Nobel Prize, he was not discouraged. How could he be? He was the one who nominated them for the prize! Einstein had the wisdom to abandon previous beliefs when faced with new evidence or when the world changed. It added to his creativity and resilience.

Books on philosophy, science and literature nourished Einstein's imagination, which he believed 'is more important than knowledge'. The books that influenced his thinking included Cervantes' *Don Quixote*, David Hume's *Treatise on Human Nature* and Fyodor Dostoevsky's *Brothers Karamazov*. Old books give us insights into our shared humanity not just across cultures, but across time. My mid-summer resolution is to re-read these books. They will help me understand how much I and the world around me have changed since I first read them in my late teens.

But some things never change. War for one. Human nature for another. The civilisational struggle to make human beings better versions of themselves is both a remarkable and a depressing work in progress. We assumed that war was history. But even in the 21st century, war zones are home to millions. Inside this newsletter, there is a flyer describing the summer assistance that Ukraine needs. To end wars and improve peoples' lives, we must awaken what Abraham Lincoln called 'the better angels of our nature'.

Wishing you a pleasant 'summery summer' of relaxation, contemplation and imagination. Looking forward very much to welcoming all those who have signed up for the AGM.

Best regards

Anita Pratap
President

FROM THE OFFICE
NEW MEMBERS



This month the Board is very happy to welcome two new members.
We are so happy to have them on board and we hope to see them at our events!
Welcome!

COMING EVENTS



THE ANNUAL GENERAL MEETING

AGM on June 5

17:45 for 18:00

The AGM will be held on **June 5** at Vinderen as usual.

Please arrive at 17:45 (for 18:00).

The AGM is for members only.

COMING EVENTS

ART COMMITTEE

Guided tour of the annual exhibition at Blaafarveværket

The National Museum of Stockholm visits Blaafarveværket

(The Kittelsen museum has an exhibition of Fredrik Skavlan)



Blaafarveværket offers a very special event this summer showing 70 works of art from the Swedish National Museum. Some of the artists will be Carl Larsson, Anders Zorn, Bruno Liljefors and August Strindberg, just to name a few. The exhibition covers a time-period from 1879 to 1910. A period of change that created a golden era. The Curator, Sverre Følstad, will show us around.

DATE/TIME: **Thursday, June 8** at 11:45 (for 12:00)

SIGN UP: To Jane Steenbuch, email as soon as possible. Deadline **5 June**.

PLACE: Blaafarveværket, Koboltveien 11, 3340 Åmot.

PRICE: NOK 50.- for **guide, to be paid beforehand** preferably by bank payment to the Forum account 1600 40 36631 or by VIPPS to 591747. No cash will be handled. Please state your name and the event in the transaction.

There will also be an **entrance fee** of NOK 150.-

TRANSPORT: We will organise a carpool. **Please let us know if you can drive**. It is about 1 hour from Oslo and there is free parking.

LUNCH: There are three different cafes at Blaafarveværket, and lots of outdoor tables if the weather is good.

Maximum 25 participants. Guests are welcome if space is available. No-shows will be charged.

For last-minute cancellations, please call Jane.

Jane Steenbuch

ARENDALSUKA 2023

Ambassadors Roundtable 2023

August 15 from 10:00 am to 11:30

Gamle Rådhus, Arendal



‘De-risking the Future:

How nations can meet the challenges and concerns that lie ahead.’

SPEAKERS:

H.E. **Marc Nathanson**, Ambassador of United States to Norway

H.E. Dr **Detlef Wächter**, Ambassador of Germany to Norway

Welcome by Robert Nordli, Mayor of Arendal

Moderator: **Anita Pratap**

War, inflation, global debt, and climate change are among the issues disrupting life across the world. Our speakers will examine how nations can meet these challenges and create opportunities for a better tomorrow.



Previous Arendalsuka Ambassadors Roundtables

ARENDALSUKA - GLOBAL OUTLOOK 2023

‘Bridging a Fragmented World’

August 14 from 12:00 at Kulturhuset, Arendal



Foreign Minister Anniken Huitfeldt at Global Outlook 2022

Global Outlook, one of the main inaugural events of Arendalsuka, will be opened by the Norwegian Minister of Foreign Affairs, Anniken Huitfeldt, as her predecessors have done in all the previous years. The event will be held at the main indoor stage at Arendal’s Kulturhuset on Monday, August 14 at 12:00. Typically, 600 people attend the event moderated by author and journalist, Anita Pratap.

This year’s theme ‘Bridging a fragmented world’ takes stock of current disruptions and aims to provide a window into a new reality: one in which we may find ways of drawing more forcefully on our values, bridge political divides, and remedy the nature crisis. Apart from Foreign Minister **Anniken Huitfeldt**, speakers include European Affairs expert **Georg E. Riekeles** and Tedx Speaker and co-President of Club of Rome **Sandrine Dixon-Declève**, who makes policy prescriptions for humanity’s ‘wicked’ problems.



Global Outlook 2022



Arendalsuka - A People’s Festival of Democracy

Arendalsuka is the annual, must-attend event held in the beautiful southern coastal town of Arendal for people from all walks of life. The Prime Minister, cabinet ministers, leaders of all political parties, CEOs, NGOs, and activists gather to debate, discuss, understand issues, and have fun.

Arendalsuka 2022 was attended by 150,000 people.

R E P O R T S

DIPLOMATIC SALON

At the US Ambassador's Residence

How Art can improve Psychological Skills



International Forum Members with Jane Nathanson at the US Ambassador's Residence for the Diplomatic Salon she hosted on 'Art, Resilience and Psychology.'

Resilience is the ability to bounce back after setbacks. Adversities can ruin you, but if managed well, they can rebuild you. The good news is that evolution has made us resilient, so we have the ability. The bad news is that in the midst of problems, we forget the very qualities that can help us. In a fascinating interaction, Jane Nathanson, wife of the US Ambassador to Norway, Marc Nathanson, gave us some invaluable tips on how to be resilient in these times of change.

But first things first. Jane is a licensed clinical psychologist. True to her profession, she is a good listener. She opened the Diplomatic Salon on 'Art, Resilience and Psychology' by getting the 21 IF members seated around the dining table to say a few words about themselves. It was a warm and cordial way to get to know her guests individually. 'Even if I don't remember everyone's names. I will remember their story,' she said. It was a personal way to get acquainted with the ladies, International Forum and indeed Norway.



Romanoff's by Leikny Havik Skjærseth

The idea of organizing a Diplomatic Salon came to me the very first time I met Jane in her beautiful residence on a cold November day. She is an art collector. The paintings, photographs and sculpture in the residence were colourful and eclectic. Radiating a dazzling richness, the artworks interestingly harmonized the contradictions of transparency and mystique.



Skyfall, John F Kennedy AP by Alex Crieiger

An exuberance for life, love and laughter ran like a red thread through the collection. But capturing the complexity of life were also photographs and paintings of deep thought, even a wistful sadness as for instance the photograph of John F Kennedy with his best friend, brother and attorney general Robert Kennedy, who too would meet the same fate as his president. The art collection is a treat, each with its own quirky, funny or sad story. The picture of Jack Nicholson originally had him blowing smoke rings at you. But you cannot them see now. They were removed because government buildings cannot promote smoking in any way.



Jack Nicholson by Albert Watson

Art and psychology are the two pillars of Jane's professional life, but it turns out that Jane has done impactful work on resilience. It is the one quality human beings must have to survive the shocks life throws at you. Jane founded the Nathanson Resilience Clinic attached to UCLA neuropsychiatric hospital where

war veterans suffering post-traumatic stress disorder are treated. ‘Veterans who were deployed to Iraq and other war zones come back with traumas to a wife who is no longer interested in them, children who no longer recognize them.’ Says Jane, ‘The challenge is how do we build resilience in them so they can go find a job and a new life when they are not the same people as when they left?’

Jane’s 5 Cs are like the fingers of a hand. They represent different qualities but go together to make the hand function effectively. The 5 Cs are:

Competence – it can be in any chosen field – art, teaching, accounts. But you need to build competence in your chosen field.

Confidence – When you become competent, you gain confidence, which is important for resilience because you have faith in yourself to face setbacks.

Connection – Groups like IF are connecting vehicles. You get to know each other a little more on a personal basis. Women have this special ability to help each other become resilient. Have you noticed, men sit side by side watching a football game or listening to politics on TV. But women face each other, and they are there for each other, to share their experiences, talk about their problems.

Course-correct – We never know what’s going to happen, life is changing so quickly, the internet, climate change, covid, Ukraine war, gun violence. We need a Plan B in life. Then we have the ability to quickly change course when things don’t go according to plan.

Coping – Everyone must have the coping mechanisms that work for them. People have different coping skills. For some, coping is doing yoga, for others it’s walking in nature, or yelling at your husband, talking to somebody. It depends on you. But it is important to learn to be calm in the face of adversity, learning to look at the glass half full, not half empty.



Left:
Blackjack
Damien
Dufrense

Right:
Fruition
Nathalia
Edenmont



Jane learnt the first lessons of resilience from her grandparents, German Jews, who had to leave their home, their furniture, all their belongings and money and who landed in New York, not knowing anyone, not even the language. She said,

‘I never thought I would be moving to Oslo at my age. It has been a new experience to come to a country where I didn't know anybody, but I realize how enriching that really is,’ she said.

Growing up in Manhattan was an interesting experience. Jane went to the same school as Donald Trump, who exhibited the same behavioural tendencies that would be on public display decades later. “He could not sit still, yelled out inappropriately, was a bit of a bully. When he was 13, the music teacher asked him to sit down and be quiet. He picked up his chair and threw it at the teacher and it hit her on the head. So, he was expelled, and his father sent him to a military school for discipline. It started me thinking very early on about the different psychological manifestations that people have.”

‘Groups like IF are connecting vehicles. You get to know each other a little more on a personal basis.’



‘Women have this special ability to help each other become resilient.’

Our discussion continued over delicious artichoke soup, followed by a spread of nutritious, tasty dietetic platters, topped by poppy seed cake and fresh strawberries prepared by Jane’s Chef Daniel.

Before she became a psychologist, Jane aspired to be an artist. She studied with the Austrian expressionist painter Oskar Kokoschka. Her adoring father told her she was an extremely talented artist, which she believed, until she saw other extremely talented artists. Said Jane, ‘I realized the only person who bought my art was my father. So, I decided, okay, time for Plan B. This is what resilience is all about. We need Plan C, D, because we cannot count on life going exactly the way it plays in our minds.’ Today it is even more important for kids to be resilient what with internet, artificial intelligence.

‘When I discovered that I was not a very talented artist, I decided to change my passion to collecting art. We were very lucky. We were in New York at that

time, and it was when the New York American pop art school was just beginning. We became friends with Andy Warhol and Lichtenstein and collected very early. My parents collected impressionist art. My mother sat on the board at the Metropolitan Museum. And so, I grew up very much a museum brat, always being dragged through every museum, much to my dismay sometimes. But definitely, it ignited my passion for art. Talking about resilience and art, please see the fantastic abstract expressionist show at Munch Museum. These artists moved, chose Plan B, completely changing their style from Impressionism to abstract expressionism. People reacted, there is no picture here, why buy a painting with drips on the canvas (drip technique of Jackson Pollock)?'



'Even if I don't remember everyone's names. I will remember their story.'

These artists were resilient. They stuck to their art. They moved countries, they moved galleries. I spoke to school children about this, and they said future art will be digital art, done by artificial intelligence. There won't be live artists labouring for days and months over one artwork. The children are probably right, already film and stuff are computerized. Technology is changing so quickly. For those of us who are used to one thing for a long time, this is real change."

'Not everybody can make art. But everyone can enjoy art.'



Resilience is a process; it cannot be built overnight. “We have found that art helps and heals, it is therapeutic especially for children and young people. I do believe museums are the churches and temples of today. Art speaks to you in your own language, in your own way. We use art as a way for them to tell their story. They are too young to verbalise their story, but drawing brings out psychological pictures. They communicate with their art. It's very moving to see the traumas these kids have gone through. Now we are going to have a generation again, unfortunately, you'll have this generation from Ukraine and Sudan.”

Jane said she was lobbying in New York and in Washington, for resilience to be taught in school, resilience methods like meditation, little yoga.” She was critical of the tendency to change or ban school textbooks for political reasons. “This is the beginning of the end of a society when you start to ban books. If you have one perspective, a narrow and shallow one, it's going to detract from your resilience.”



Blue Suede Shoes by Leikny Havik Skjærseth

“We teach Damien Hirst and Jeff Koons in art schools. Hirst is about Death and Koons about Life,” said Jane. As a young, unknown artist, when Koons and his porn star wife divorced and she prevented him access to their son because of his risqué paintings, Koons created Plan B. He made playful inflatable sculptures of animals to reach his son. But they also made him world-famous. His balloon dogs sold for \$60 million, his rabbit for \$91million. Because they are better at finding new goals, resilient people reorient their lives in new directions.

After lunch, Jane took us on a guided art tour in their beautiful 112-year-old residence, originally built for the Nobel family. Purchased a century ago, it was then the most expensive ambassadorial residence ever bought by the US government. The Nathansons did not bring art from Washington due to the 10-month shipment delay it involved. So, they bought a lot of Norwegian art for the residence. The collection of Norwegian Art has a Hollywood theme “because we come from California,” said Jane.



This was a salon rich in humour, shared experiences, and life lessons. Art is an aesthetic experience. Art also offers pathways to build psychological resilience for the artist and the viewer. As Jane said, ‘Not everybody can make art. But everyone can enjoy art.’

Anita Pratap

MAY MONTHLY MEETING

Lisa Ann Cooper

Diversity, Equity, and Inclusion.

The guest speaker at our May meeting was Norwegian-American Lisa Ann Cooper, an accomplished businesswoman and project leader. She spoke on her career in Norway and her ongoing work to promote integration and social justice for people of immigrant background and to combat racism and intolerance.

Her presentation was two-fold, beginning with her CV presented in a storytelling format, followed by ‘the fun part’ – a description of her projects directed toward creating social change. Her presentation was richly illustrated throughout with slides and photographs of the products of her work and the individuals involved.



Lisa Ann and Anita Pratap

Lisa was born in New York to Harlem parents of mixed race. Her grandmother, who was half black/half white, lived to the age of 103 and was a role model for Lisa with her concern for equal opportunity. Her grandfather was part American Indian. Her father was one of the first African Americans to be given a foreign post as a diplomat; and when Lisa was 11 years old, the family was stationed in

Jamaica, adapting to a totally new culture. She knew then how it felt to be different or excluded, and her sense of social justice and fighting spirit developed early.

With a bachelor's degree in international marketing from Penn State University, she worked as N.Y. City District Manager for International Playtex before moving to Norway in 1989 with her Norwegian husband. She entered BI (Norwegian Business School), learned Norwegian, and got her MBA. She found that being Black was more of a challenge in Norway than it had been in the USA, experiencing both overt and covert exclusion and discrimination. Graduating with the best grades in her class, she was the last to get a job.

But the job turned out to be a good one: Sales Manager for the Baltics in the telecom company Alcatel. She was their first Brown woman (and first woman!) of 1200 employees. She had 15 successful years in the company, living also in Lithuania and testing boundaries as the first woman stationed abroad (and first pregnant employee). After this, she was Divisional Director for Thales Communications (in the defence industry), until the outbreak of the war in Iraq, when she was ready for a change.

Meanwhile she had been active in AIPBW (Association of International Professional Businesswomen), where she enjoyed working on several projects with immigrant women. She was then employed for 16 years by the Norwegian Directorate for Integration and Diversity (DEI), with responsibility for all integration projects in Norway including language teaching, introduction programmes, interpreter services, and diversity in state-owned companies.

Lisa also chaired Democrats Abroad under President Obama for 8 years, bringing her passion for diversity into the area of politics and learning the useful skill of how to talk to politicians. By then she had gained experience in both the private and public sectors, on company boards and in politics. Her network had grown, and it was time to move on. 'I'm from New York', she told us. 'I'm a doer. I want to get things done.' She was now ready to concentrate on leadership, diversity, and social justice.

Inspired by an American idea, she secured funding in 2004 for an 11-year research project to find, select, and profile ten international women who had succeeded in the Norwegian work world. The **Top 10** programme was very well received and widely publicised in the media. Its tenth anniversary was celebrated in the Oslo City Hall (Rådhuset) with the Crown Prince and other dignitaries present.

Lisa's aim to promote social justice (derived from her grandmother) was being realised. The focus on the success of immigrant women (and later, men and youth) would hopefully change the stereotypical view of immigrants and help reduce barriers to integration. A project called **Top 10 Young Leaders** then followed, with the aim of helping youth gain confidence and self-esteem. Lisa

shared the pictures of the media presentations with us, describing the individuals and the motivational effects of the attention they had received both in articles and on breakfast TV.

In 2008, she started the **Leadership Foundation** to implement diversity through networking, projects, consulting, and workshops. She also saw the need to work directly with companies and have them sign a Diversity Charter to commit to growth through diversity and inclusion – an idea later taken up by Oslo Municipality.



Lisa Ann and Signe Howell

One of her most creative projects has been **New Nordic Art**, launched to promote artists with immigrant background and give them a platform for their story and for showing and selling their work. It involves a professional jury, a call for artists from all Nordic countries in a process similar to the Top 10, exhibitions in Stockholm, Norway and elsewhere, and good funding.

During this time, Lisa has also given special attention to the Somali community, a relatively new and marginalised group in Norway, to build bridges between the Somali and Norwegian society. **NORSOM Bro** aims to improve the environment for Somali youth through a network, Web page, and information provided by youth to youth in their own language. Lisa is also proud of the **Nordic Somali Youth Summit**, which promotes youth engagement and provides a network for art projects, including a Somali designer fashion show. The Summit has been held in 2012 (Oslo), 2013 (Stockholm) and 2014 (Copenhagen).

All these aspects of integration work came together in 2015 with the founding of Lisa's new company, **Catalyst**, referring to 'a person or event that quickly causes change or action.' This is a mentoring programme in which youth with an immigrant background are recruited and matched with mentors, who use positive psychology and appreciative inquiry to discover their interests and help them learn what they are good at. The aim is to fuel their motivation and increase their self-confidence. In reverse mentoring, the youth describe their experiences to 'the people in power,' who then report on what they have learned. The goal is to build good relationships, across generations, creating personal contact which will 'spark better understanding.' The company has had up to 15 employees (4 now) and revenues of 18-19 million kroner through public funding or corporate sponsorship.

Throughout her career, Lisa has also always done consulting on the side, with 6-month 'deep dives', surveys, strategies, leadership programmes, focus groups, frameworks, and on-line or in-person workshops, all 'catapulting me further,' as she says. Her clients have included companies such as BI, NRC, Amnesty, Crayon and Yara. She's also doing E-learning on diversity.

Her accomplishments in Norway – as an immigrant – have been impressive, with significant benefits to the Norwegian society. And she is not stopping now! In conclusion she remarked, 'I've done a lot, and loved my life. I don't know if I'll ever stop. I'm sure I'll find a new problem, a new idea, and make a new project, and see what happens.'

With her competence and energy, combined with her warmth and candid approach toward her work, Lisa Ann Cooper gave us an informative, inspirational, and enjoyable presentation.

After an interesting question-and-answer period, Anita Pratap presented our speaker with flowers and a Forum bowl with the IF logo made by Victoria Berge.

Robin Wittusen

THE ART COMMITTEE

Marc Chagall – The World in a Turmoil

Everybody loves Marc Chagall, but not everybody fully understands the complicated iconography and the tormented life that lies embedded in the brilliant colours, flying animals and dreamlike visions.



Chagall was born in 1887 into a Jewish family who lived near Vitebsk, today in Belarus. In the Russian Empire at that time, Jewish children were not allowed to attend regular schools or universities. Chagall received his primary education at the local Jewish religious school, where he studied Hebrew and the Bible. He chose to cherish and publicly express his Jewish roots by integrating them into art. His storehouse of visual imagery never expanded far beyond the landscape of his childhood.

In 1906, he moved to St. Petersburg and went to the Zvantseva School of Drawing and Painting. He discovered Paul Gauguin, experimental theatre, and decorative art. Frequently visiting Vitebsk, he met Bella Rosenfeld, the love of his life.

Chagall moved to Paris in 1910. Cubism was the dominant art form. The Parisian art world was exploding with avant-garde movements such as Fauvism, Expressionism and Surrealism. Chagall did not want to fit into any of the groups, but a new world opened to him with a kaleidoscope of colours and forms. He had to rethink his position as an artist.

We began our guided tour looking at one of Chagall's early works *Solitude*, 1933. Chagall experienced antisemitism all his life. He depicts the profound sadness and pain felt by the Jewish people in the brewing storm. He attempts to

reconcile Judaism and Christianity. Vitebsk is in the background and the animals of his childhood are a recurring motif. The violin, expressing the musical vitality of Jewish families, and the easiest instrument to carry around in the diaspora, is ever present in many of his paintings. The angel is turning his back on the Jews as black clouds gather.



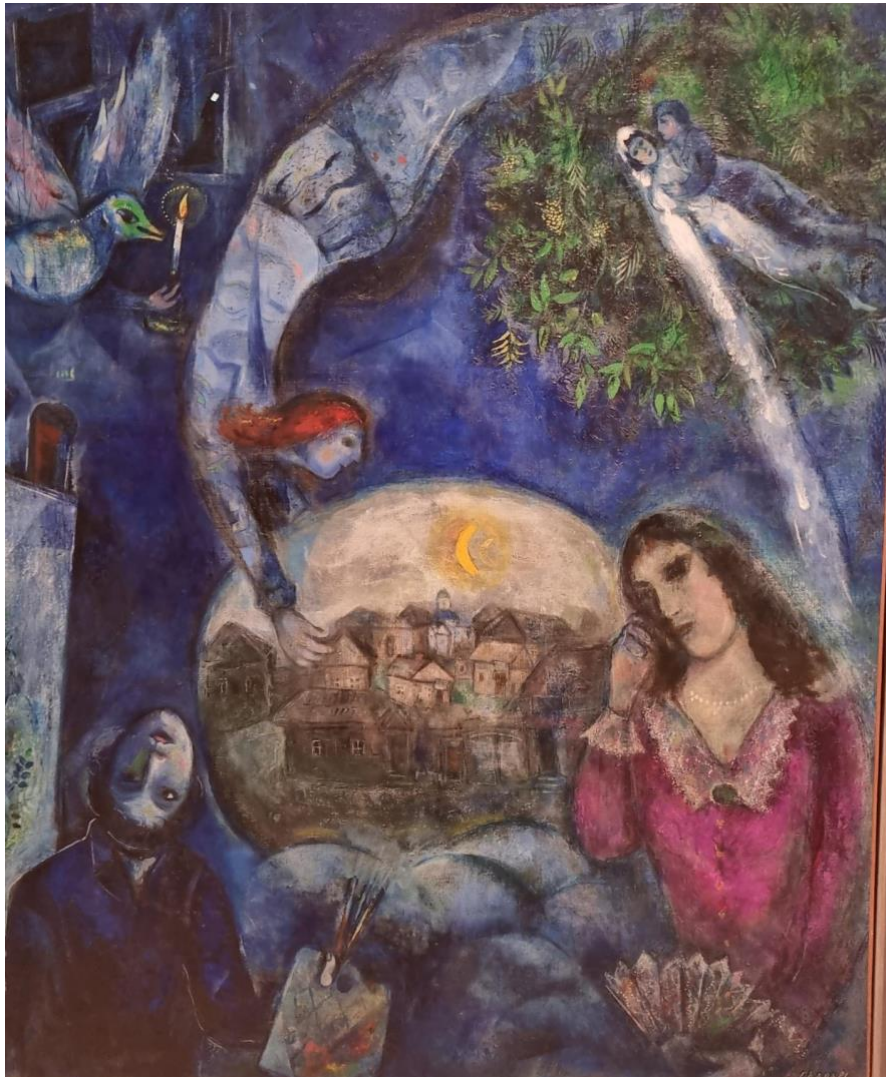
In 1931, Chagall was commissioned by the art dealer, Ambroise Vollard, to illustrate the Bible. Chagall said, 'I did not see the Bible, I dreamed it. Ever since early childhood, I have been captivated by the Bible. It has always seemed to me and still seems today the greatest source of poetry of all time.' He immersed himself in the history of the Jews, their trials, prophecies, and disasters. His bible paintings are Jewish documentation.

In 1941, Chagall fled to New York on a Nansen passport. He took his wife, Bella, and their daughter, Ida. Disaster struck twice over when his beloved wife, Bella, died in 1944 in New York. It is from this point that he portrays Bella as a heavenly bride flying in the skies, or the two of them as a two-headed single entity. The ever-present clock, always showing the same time, gives the ominous feeling of both time passing and his world having stopped.

After Bella's death, he paints many of his works portraying the circus in Vitebsk. Deep blue becomes a favourite colour, and we are transported into his dreamlike heartbroken world. An angel fetches Bella, his world is upside down and the two moons are of two worlds.

Even after he met Virginia Haggard, he continued to paint Bella.

Resurrection by the Riverbank, 1947, was painted after he had learned about the Holocaust. Blood red Europe, the crucified Jesus as a Jew. Christ's blood will save them.



The greatest surprise of the exhibition is the large hall with wall hangings from the opera *Aleko*. Chagall was offered a commission by the Ballet Theatre of New York to design the sets and costumes for this new ballet. The ballet would stage the words of Alexander Pushkin's verse narrative *The Gypsies* with the music of Tchaikovsky. The opera premiered in Mexico City in 1942, and then moved to the Metropolitan Opera in New York. To see these wonderful backdrops and the gorgeous costumes was a real treat. Bella did a lot of work on the costumes.

This tour prompts new study into the life of Chagall. We think we know all about him, but his life is truly a kaleidoscope of artistic expression. We are looking at a vibrant atmosphere which is based on his own personal vision.

Our thanks to Inger M. Ræder for organising this event.

Jane Steenbuch

COOKING GROUP I

A big *Thank you* to Inge Pedersen being or treating us to an interesting morning with such good food. What fun we have together and exchanging comments and ideas on the day's recipes!



The next and last cooking morning before the summer will take place at Sigrid Riddervold's new home at 12:00 on June 8. Her address is Folagrenda 8, 1384 Asker (between Asker centre and Høy station).

When you have signed up, I will try to organise a carpool to Sigrid's, as new developments in Asker have very few guest-parking spaces due to regulations.

Please **sign up** to Liss Laan by **June 2**. Maximum participants: 12

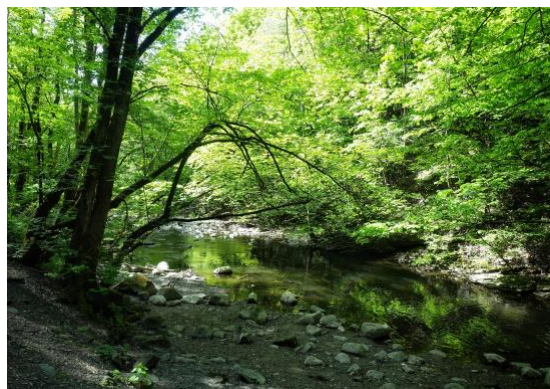
Looking forward to seeing you and have a wonderful summer!

Liss R. Laan

WALKING GROUP



The ladies have been out walking in May. Once at at Hovedøya (above).
And then along the Alna River (below).



UKRAINE SUMMER APPEAL



LIST OF REQUIRED HUMANITARIAN AID ITEMS

☀ Vehicles Medicine Equipment

- ☀ Ambulances ☀ First Aid Kits ☀ Generators
- ☀ Firefighter vehicles ☀ Wheelchairs ☀ Power banks
- ☀ Batteries ☀ SUVs/Pickups ☀ Stretchers
- ☀ Armoured vehicles ☀ Crutches ☀ Drones ☀ Rollators ☀
- Thermal vision devices ☀ Trucks
- ☀ Night vision devices ☀ Laptops/ iPads
- ☀ Filtering gas masks ☀ Protective suits
- ☀ Blankets ☀ Mattresses ☀ Socks ☀ Pillow cases
- ☀ Hygiene items ☀ food ☀ clothing

We need Financial Support!

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STAND WITH UKRAINE!

Also see the original flyer sent as an attachment



A R O U N D O S L O

LILLEHAMMER KUNSTMUSEUM

A journey at the Crossroads of fairy tales, myths, and reality
Det eventyrlige – mellom myte og virkelighet

This exhibition shows works by some of the most renowned Nordic artists and illustrators, who have given a shape to the supernatural in nature.

Theodor Kittelsen (NOR), Tove Jansson (FIN), John Bauer and Elsa Beschow (SWE) are among the artists on display.



For more information about guided tours and opening hours, please click on the link: [Omvisninger i Det eventyrlige og Weidemann \(lillehammerkunstmuseum.no\)](https://www.lillehammerkunstmuseum.no/omvisninger-i-det-eventyrlige-og-weidemann)

Vy train to Lillehammer: 34 minutes past the hour from Oslo Central Station. Please click on [Lillehammer til Oslo S Rutetabell \(trainoclock.com\)](https://www.trainoclock.com/rutetabell/lillehammer-til-oslo-s)



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